

**INDIAN POWERLIFTING FEDERATION**

(Estd. 1975)

(Registered under Societies Act XXVI of 1961)

**(Recognized by Min. of Youth Affairs & Sports, Government Of India)**

**Affiliated to –**

**INTERNATIONAL POWERLIFTING LEAGUE**

**ASIAN POWERLIFTING LEAGUE**

**Amended**

**CONSTITUTION**

**2019**

**--- Administrative Office ---**

**3 - A/C Gandhi Nagar, Green Belt Park, Jammu - 180004.**

## MEMORANDUM OF ASSOCIATION

1. Name of the society shall be : INDIAN POWERLIFTING FEDERATION.
  
2. The Registered office of the society shall be situated at : 63, SARAT BOSS ROAD , CALCUTTA-25, INDIA.
  
3. The object for which the society is established are:-
  - a. To promote, establish, introduce, start, run, organize the sport of Powerlifting for the benefit of the sport loving public.
  - b. To arrange and organize lectures, discussions, seminars and demonstrations for furthering the progress of powelifting.
  - c. To publish or cause to be published, useful literature, papers, magazines, books etc; which will be concerned with Powerlifting.
  - d. To help needy athletes, Powerlifters and sportsmen of all communities wherever possible .
  - e. To collect and preserve manuscripts, books, literature and works of art and antiquities, collector items that are connected to or concern feats of strength, athletic powers or sports, where men or women or even children of either sex are concerned or on which legends have been established.
  - f. To held the aged, sick, helpless and indigent persons
  - g. To alleviate the suffering of animals.
  - h. To engage in such philanthropic activities as may be deemed appropriate by the Governing Body of the Society.

- i. To construct, maintain, improve, develop and alter any buildings, house or other works necessary or convenient for the purpose of the society.
- j. To do all such things as may be deemed to be incidental or conducive to the attainment of the for going objects; where the benefit of Powerlifting will continue to be the primary objective as well.

The income and properties of the society whatsoever derived or obtained shall be applied society towards the promotions of the objects of the society and no portion thereof shall be paid or divided amongst any of its members by way of profits.

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## **REGULATIONS OF ASSOCIATION OF INDIAN POWERLIFTING FEDERATION**

With the object of promoting the sport of Powerlifting in the Indian Union, the Indian Powerlifting Federation will act as follows:-

- 1) The Governing Body or a Selected Committee will organize the activities of the Federation to ensure membership of the Federation by individuals, Associations, Societies and Institutions.
- 2) The Governing Body or a Selected Committee will organize open contest for powerlifting as necessary on a National level at least once a year or more, on a zonal basis at least once a year. State Federations will be required to organize contests at least once a year and an official from the Indian Powerlifting Federation will attend if so required.
- 3) The Indian Powerlifting Federation will award Certificates to place winners or record holders for contest organized by it and within its jurisdiction.
- 4) Any National record made will have to be certified by the Federation even when made during a contest not directly organized by the Indian Powerlifting Federation.
- 5) All contests organized anywhere within the Indian Union, will merit recognition only if carried out as per the rules of the Indian Powerlifting Federation and also if recognized as a contest by the Indian Powerlifting Federation.
- 6) The Indian Powerlifting Federation will be the sole body to decide and to select Teams or Representatives to represent the sport of Powerlifting at International Meets or Contests.
- 7) The President's approval will be essential for any representation (representation) at International Contests.

- 8) The Indian Powerlifting Federation will strictly adhere to the Rules and Regulations for Powerlifting contests as given from time to time by the International Powerlifting Federation.
- 9) The Governing Body will be the sole authority responsible for terminating/cancelling/deleting the name of Members of the Indian Powerlifting Federation.

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**REGULATIONS OF ASSOCIATION OF INDIAN POWERLIFTING  
FEDERATION**

**MEMBERSHIP:-**

1. Qualification and admission : The following persons are eligible for membership of the Indian Powerlifting Federation:

(a). Any person who has attained the age of 18 years and who agrees in writing to be bound by the Memorandum and Regulations of the Indian Powerlifting Federation. A minor is also eligible for being admitted a member through his legal guardian. (b) Any society or institution, whose objects are similar to those of the Indian Powerlifting Federation or any other person duly authorized on that behalf. (c) Any incorporated company or limited company to be represented by one of its Directors.

2. Class of members: (a) Patrons, (b) Life members,  
(c) Founder members, (d) Ordinary members, (e) Honorary members.

(a). Patrons. Any person, Institution, society, Federation or Incorporated Company, qualified to be member, by paying or having paid a sum of Rs. 500.00 or endowing movable or immovable property worth Rs. 1000.00 or above may be admitted as a Patron by even without paying or making endowment as above, if the Governing body so elects.

(b). Life members. Any person, Institution, Society, Federation or Incorporated Company, qualified to be member, by paying or having a sum of Rs. 300.00 or endowing movable or immovable property of the value of Rs. 3000.00 or over shall be selected a life member of the society by the Governing Body.

(c). Founder members. The following persons shall be the founder members of the Indian powerlifting federation remain so till life and will be entitled to all rights and privileges of membership.

**Name**

1. BARIJ BARAN DAS.
2. MONOJIT KUMAR BOSE.
3. AROBINDO MANDAL.
4. SUBRATA CHATTERJEE.
5. DIPAK KUMAR SEN.
6. AJIT KUMAR MUKHERJEE.
7. SHIV MURAT YADAV.
8. ARUN GHOSE.

(d). Ordinary members. Any person, Institution, Society Federation or Incorporated Company, qualified to be members, paying ordinary membership fee of Rs. 18.00 P.M may be admitted as ordinary member of the Indian Powerlifting Federation.

(e). Honorary members. Any person, qualified to be members, whose connection with the society is deemed to be necessary by the Founder members may with the consent of such person be elected an Honorary member of the Indian Powerlifting Federation. He may not be eligible to be member of the Governing Body nor shall be entitled to vote at any meeting.

3. Cessation of membership: Any member shall cease to be a member- (a) on his resignation from membership by a letter addressed to the Secretary, (b) on his becoming insane or insolvent, (c) on his conviction of any offence in connection the formation, promotion, management or conduct of the affairs of the society or of a body corporate, or of any offence involving moral turpitude.

4. Register of members: The Indian Powerlifting Federation shall maintain a Register of members containing the names, addresses and their occupations, the date of cessation. The Register will be kept open for inspection of the members of the Indian Powerlifting Federation on requisition.
5. Rights and obligations of members : (a) Any member of the Indian Powerlifting Federation has the rights to elect and to be elected in any election of the Indian Powerlifting Federation, (b) to submit suggestion for discussion to the Governing Body and sub-committee on any matter, (c) to inspect the accounts of the Indian Powerlifting Federation on appointment with the Secretary, (d) To forego his membership after due information in writing to the Governing Body, (e) To pay his subscription within the prescribed time, (f) Defaulting members shall not be allowed to take part or vote in a meeting, (g) Members shall have one vote each.

### **GOVERNING BODY**

1. Composition and election: There shall be a Governing Body consisting of not less than 7 and not more than 15 members and will be composed of the Founder members and selected members Elected members shall be elected at the annual general meeting of the Indian Powerlifting Federation. The Office-bearers of the Governing Body shall consist of President, Vice-President, Secretary, Assistant Secretary or Treasurer. The office bearers shall be elected by the Governing Body from amongst themselves.
2. Termination of membership: A member of the Governing Body shall cease to be member of the Governing Body if – (a) he resigns by letter addressed to the Secretary, (b) he absents himself from three consecutive meetings of the Governing Body without any leave or without any reasonable ground, (c) he is convicted of any offence in connection with the formation, promotion, management or conduct of the affairs of a society or if a body corporate, or of any offence involving moral turpitude.



3. Meeting: A meeting of the Governing Body shall be held at least once in three months at such place and time as the President or the Secretary may determine. Any five members of the Governing Body may requisition the meeting of the Governing Body and the Secretary shall summon the same within seven days and failing which the President or the requisitionists may do so provided no business other than that specified in the notice shall be transacted at such meeting.

4. Notice : Seven days' notice of the meeting specifying the place, time and the general nature of work and business to be transacted shall be given to every member of the Governing Body. Emergency meeting may be called on 24 hours' notice. Four members personally present shall constitute a quorum for the meeting and if a quorum is not present within 30 minutes of the time the members present may adjourn the meeting.

5. Procedure of the meeting: The president or in his absence the Vice-president shall preside over all meetings of the Governing Body and in their absence members present shall elect a Chairman of the meeting. All questions before the meeting will be decided by a majority of votes, each member having one vote. The President or the Chairman shall have a second or casting vote in addition to his own vote in case of equality of votes. The President or the chairman while presiding at the meeting of the Governing Body shall decide all questions relating to the constitution or Rules and Regulations thereof and his decision shall be final and binding.

6. Powers and Duties of the Governing Body: the Governing Body shall have general power of supervision and conduct over all the affairs of the society and in particular shall discharge the following duties: (i) To summon the Annual General Meeting of the Indian Powerlifting Federation. (ii) To appoint subcommittee with such power and duties as may be considered necessary or expedient, (iii) To accept donation, gift, subscription, movable or immovable property for the object of the Indian Powerlifting Federation. (iv) To sell, lease, mortgage or otherwise dispose of and deal with all or any part of the property of the society as deemed necessary, or expedient for the purpose of the Indian Powerlifting Federation. (v) To keep proper

accounts of the Indian powerlifting federation and to open bank account in the name of the Indian powerlifting Federation in one or more of the banks. Bank accounts will be operated by the President jointly with the Secretary or Treasurer of the Indian Powerlifting Federation.

### **SAFE CUSTODY OF FUNDS**

1. The Governing Body or the trustee of the Indian Powerlifting Federation shall be responsible for the custody of the funds and assets of the Indian Powerlifting Federation.
2. The funds of the Indian Powerlifting Federation shall be kept in some nationalized Bank and to be invested in any securities specified under section 20 of Indian Trust Act, 1882.

### **BOOKS OF ACCOUNTS & INSPECTION OF**

The books of accounts and other statutory books shall be kept at the registered office and shall be open to inspection of the member of the Governing Body during usual office hours, and the same shall be open to inspection of the members at such time and place as the Governing Body directs on a written request made by any member.

### **ACCOUNTING YEAR**

The accounting year of the society shall be April to March.

### **GENERAL MEETINGS**

1. There shall be two kinds of general meetings. (a) annual and (b) Special or extraordinary.
2. The Indian Powerlifting Federation shall hold an annual general meeting at least once in every year and not more than 15 months shall elapse between two successive annual general meetings. At least 14 days notice specifying the time, place, the day and hour shall be given to every member of the Indian Powerlifting Federation.

3. The quorum for transaction of any business, shall be one third of the total number of members in the register present either personally or by proxy.
4. The business to be transacted at the Annual general meeting shall be:
  - a) To confirm the minutes of the last annual general meeting and of special general meetings, if any.
  - b) To adopt with or without modification the report of the working of the society for the previous year ended.
  - c) To pass audited accounts for the said year.
  - d) To appoint qualified auditor or auditors.
  - e) To elect President and other office-bearers of the Governing Body.
5. A special general meeting shall be convened by the Secretary if two-thirds members of the Indian Powerlifting Federation requisitioned members of the Indian Powerlifting Federation requisitioned such meeting specifying the nature of the business to be transacted at the meeting. On receipt of such notice the secretary shall hold such meeting within 21 days. In default by the secretary, the requisitionists shall hold such meetings, provided no business other that specified in the notice shall be transacted.

### **DUTIES OF OFFICE-BEARERS**

#### **1. PRESIDENT:**

- a) He shall preside over all meetings of the Indian Powerlifting Federation.
- b) Advise the Indian Powerlifting Federation on all points of disputes and generally look after the interests of the Indian Powerlifting Federation.
- c) Take all disciplinary actions such as removal, dismissal atc. In consultation with the Governing Body.

#### **2. SECRETARY:**

- a) He shall convene all meetings of the Indian Powerlifting Federation.
- b) Maintain minute books of all meetings.
- c) Issue general circulars and notice.
- d) Receive all applications for membership of the Indian Powerlifting Federation which shall be placed before the Governing body.

- e) Sign on behalf of the Indian Powerlifting Federation all receipts for all sums received as subscription etc.
- f) Sign and give pay order on all bills of payment, and
- g) Transact all other business subject to the direction of the Governing body.

**3. TREASURER:**

- a) He shall collect and receive all sorts of subscriptions, donations deposit of money and grant receipts thereof,
- b) Maintain and keep cash book and such other accounts as are necessary, and
- c) Operate bank account jointly with the Secretary.

**SUITS & LEGAL PROCEEDINGS**

All suits and legal proceedings by or against the society shall be in the name of the secretary or by such person as shall be appointed by the Committee for the occasion.

**ALTERATION OF RULES & REGULATIONS**

The Governing Body shall have powers to make such Bye- laws and Rules and regulations as may be considered necessary in the interest of the Indian Powerlifting Federation. These Rules and Regulations may be altered, modified, rescinded or added to be special resolutions passed by the members in general meeting called for the purpose by three- fourths majority of the members present at such meeting.

**DISSOLUTION OF THE SOCIETY**

The Indian Powerlifting Federation may be dissolved by a resolution to that effect passed by three-fourths of the members of the Indian Powerlifting Federation present at a general meeting. The said meeting shall also decide the manner of disbursement of the funds and assets of the Association, if any, after dissolution.

We, the undersigned members of the Governing Body of the Indian Powerlifting Federation, do hereby certify that this above is a true copy of the Rules and Regulations of Indian Powerlifting Federation.

6. Executive Committee List for the Year : 2018-2019

<b>S. No</b>	<b>NAME</b>	<b>ADDRESS</b>	<b>DESCRIPTION</b>	<b>OCCUPATION</b>
1.	Rakesh Jain	63 SARAT BOSE ROAD, KOLKATA-700 025, WEST BENGAL	President	Social Worker
2.	Sambhu Gupta	Do	Vice President	Social Worker
3.	Rajan Jain	Do	Secretary	Social Worker
4.	Parveen Seth	Do	Joint Secretary	Social Worker
5.	Mrs. Sakshi Jain	Do	Treasurer	Social Worker
6.	Jeevan Batta	Do	Member	Social Worker
7.	Rakesh Yadav	Do	member	Social Worker

That the above statements are true to the best of our knowledge and belief and nothing in materials has been concealed there from.

President \_\_\_\_\_

Identified by me

Advocate

**Amendments made Under rules:-**

1. For all disputes against the Federation or any of its Office bearer, the Local Court under which office of the President/ Gen. Secretary is situated or where the President/ Gen. Secretary of Federation resides, only shall have the jurisdiction.
2. The Provisions nor covered under Articles of Indian Powerlifting Federation or arbitrary/ unconstitutional or anyway bad in law shall be governed by the provisions as provided under constitution of International Powerlifting Federation. This clause shall be effective retrospectively and shall be govern all the disputes presently sub- judice before the Executive committee.